

KAMLOOPS ROWING CLUB

EMERGENCY ACTION PLAN 2020

CONTACT INFORMATION

- Emergency Phone Number: **911**
- Shumway Clubhouse Phone: **250-851-0523**
- Lake Address: **5156 Princeton Kamloops Hwy**
- Address Description
 - 20 km on Hwy 5A from Knutsford-heading South
 - 1st lake at the bottom of the steep hill
 - Turquoise Boathouse with KRC Signage
 - Site Entrance: Left Turn after Boathouse

ROLES & RESPONSIBILITIES ONSITE

- **1ST CALLER:** ACTIVATE 911/ Stay by Clubhouse Phone
- **2ND PERSON:** GO TO HIGHWAY/Flag down ambulance
- **3RD PERSON:** GRAB RED BINDER AND STAY WITH COACH
 - Provide communication between 1st CALLER and COACH
- **COACH:** STABILIZE ROWER/Continually assess until EMS arrives. Fills out accident report.
- **1ST CALLER:** ONCE EMS ARRIVES: Call Emergency Contact Number for injured rower.

POSSIBLE COVID SYMPTOMS

- **Immediately stop Club activities and activate Illness Policy**
- **MEDICAL LEAD:** wears PPE and gloves provided in marked bag/ Boathouse
- **ISOLATE** individual (wearing a PPE) in Clubhouse & MONITOR symptoms
- **CALL** emergency contact to pick up individual if individual is not able to drive home on their own safely
- **GIVE Participant KAMLOOPS COLLECTION CENTRE INFORMATION** for further screening/testing: **250-314-2256 for appt.**
- **CALL** 911 should symptoms become life threatening while onsite
- **CONTACT KAMLOOPS PUBLIC HEALTH UNIT** to report incidence@ **250-851-7300**
- **CONTACT** ALL Club Presidents: KWSC Paul Dixon (250-372-9442 H), KCKC John Grover (250.851.2375 W)

- **CLEAN ISOLATION AREA WITH SOAP/WATER AND DISINFECT ALL SURFACES & FLOOR**
- **DISPOSE OF INFECTED NON-REUSEABLE ITEMS** in a closed bag to take home and garbage
- **BAG, LAUNDER ANY REUSEABLE ITEMS** and treat them as infected
- **WASH OWN HANDS/ CLOTHING TO RID OF ANY POSSIBLE COVID VIRUS**

- ❖ **KRC President/Medical & Communication Lead : Janine Chan /250-372-1787 (H)/ 250-314-4990 (C)**
- ❖ **KRC Vice President/Communication Lead : Ian MacDonald/ 250-318-4632 (C)**